

CREATE A BRUNCH BASKET!

Help us provide baskets of to-go treats to share with low-income neighbors living in affordable housing served by our Enhanced Resident Service team.



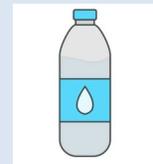
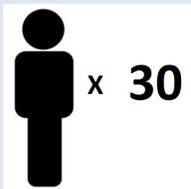
Community for Positive Aging

In a time when we still can't gather together for shared meals or get-togethers with snacks, these baskets provide a welcome special treat to brighten someone's day! Baskets will be paired with take-home activities to enjoy as well as information and resources for issues affecting residents. **Your contribution helps us promote overall well-being in our community!**

WHAT TO INCLUDE:

You or your group will sign up to provide the contents of one entire basket for **30 people** including:

- **2 or more snack options** (per person)
- **at least 1 water or juice option** (per person)



In order to accommodate varied medical issues, promote well-being, ensure safety during the pandemic, and best serve these communities, we have a few general guidelines to follow:

- **Every item must be self-serve** so that individuals can pick-up and take treats away without the need for a server.
- **Soft fruits and treats** are best. Fruits should be washed and ready-to-serve. Avoid hard/crunchy items.
- **Low-sugar options** are always welcome.

TYPES OF SNACK OPTIONS:

Fresh Fruit - Some of the best options are soft fruits such as:

- Bananas
- Oranges
- Grapes
- Strawberries



Tasty Snacks - There are lots of options! Some we recommend are:

- Muffins or croissants (individually wrapped)
- Fig bars or other snack bars (avoid hard/crunchy varieties)
- Fruit snack packs
- Cheese and cracker snack packs



Water or Juice - Individually bottled water or juice of any variety

OPTIONAL TO INCLUDE - INDIVIDUAL DONATIONS WELCOME:



- **A basket** - You are welcome to include the basket(s) for your items, but this is not required. You can drop off just the items, and we will be able to supply baskets. *We also welcome individual donations of baskets for this program at any time.*

- **Activity pages** - Optionally you are welcome to include activity pages in your basket. If so, a variety of pages for at least 30 is best. For example you could include 10 crossword pages, 10 Sudoku pages, and 10 coloring pages. *We also welcome donations of all of these varieties of activity books.*



SCHEDULE & DELIVERY:

In order to ensure fruit items remain fresh and timely delivery of your basket, we require that you **sign up for a specific delivery date in advance.**

- Deliveries currently are on Thursdays.
- You will be able to select potential upcoming dates on the sign-up form (see below).
- We welcome one-time Brunch Basket donations or can “adopt a building” and create a monthly brunch basket!

Bruch baskets may be **delivered to Hollywood Senior Center** on the specified Thursday any time between 9am and 5pm.

- Our address is 1820 NE 40th Ave, Portland, OR 97212
- Please ring the doorbell when you arrive

Baskets will be delivered to the building for residents to enjoy the following morning!

SIGN UP TO DONATE YOUR BRUNCH BASKET!

Follow this link to sign up yourself or your group!: [Brunch Basket Sign-Up Form](#)

Questions? Contact the volunteer program manager at 503-288-8303 ext. 109 for more info.